



## Wearing of spectacles or glasses in matches



### Recommendation

The law referring to wearing spectacles on the field of play during a match states:

#### Law 4 –The Players Equipment

“A player must not use equipment or wear anything that is dangerous.”

#### Other equipment

“Non-dangerous protective equipment, for example headgear, facemasks and knee and arm protectors made of soft, lightweight padded material is permitted as are goalkeepers' caps and sports spectacles”.

Sports spectacles are recommended for junior and youth players, however, if they are not sports spectacles, the referee should inspect the equipment to determine they do not pose any danger to the player wearing the spectacles or any other player.

Every reasonable opportunity should be given for that player to be allowed to play.

For senior players wearing spectacles on the field of play during matches, the spectacles MUST be sport spectacles.

The above recommendation is from FFA and NSW.